EnerPrime Ingredients

Superfood Complex: Nature's Answer to Replenishing Vital Missing Nutrients

**Spirulina**: Contains 65% protein, higher than any other plant. Rich in vitamins and minerals, including the entire B-complex.

**Green Barley Grass**: A rich source of chlorophyll, magnesium, protein, and trace minerals. Also a powerful antioxidant.

**Green Kamut Powder**: An ancient grain from Egypt that has never been crossbred. Rich in chlorophyll, vitamins and nutrients, including vitamin E, magnesium, zinc, riboflavin, thiamine and niacin.

Digestive and Cleansing Complex: Nature's Answer to Maximum Utilization of Nutrients

**Jerusalem Artichoke Inulin Concentrate**: A complex carbohydrate which has most of the physiologic effects of fiber. It is also pro-biotic, supporting the growth of good bacteria and reducing putrefactive substances in the intestine.

**Dandelion Leaf Powder**: One of nature's richest sources of beta-carotene. Used widely by herbalists for detoxification and digestive benefits.

**N-Acetyl-L-Cysteine (NAC)**: A superior form of the naturally occurring amino acid L-cysteine. Efficient precursor to the antioxidant glutathione, which assists the body in detoxification.

**Milk Thistle Extract**: An antioxidant long used for its potent protective substances.

**Vegetarian Enzyme Complex**: A proprietary formulation which allows EnerPrime to be utilized by the body. Supports the processing of foods in the intestine.

**DGL Licorice Extract**: Long used for its beneficial properties for the stomach.

Additional Support Nutrients
Vegetarian Sodium RNA: A pure source of RNA for cell nutrition, providing the building blocks for immune system cells to duplicate and increase in number.

Chromium Citrate: An essential mineral which supports the body’s handling of dietary carbohydrates and assists in proper insulin utilization. The average American diet is chromium-deficient due to lack of chromium in our soil and a diet high in sugar. Physical activity can also increase the loss of chromium.

Rice Maltodextrin: A natural carbohydrate with a mild sweetness.

Natural Freeze-Dried Flavor: Derived from fruit.

Adaptogenic Complex: Nature’s Answer to Counteracting Stress

Eleutherococcus (Siberian Ginseng) Extract: Supports the body’s ability to respond and adapt to stress and function at a higher level. Used successfully by athletes to improve performance.

Reishi and Shiitake Mushroom Extract: Rich in phytonutrients which support the body’s resistance system. It has long been used by Chinese Herbalists as a tonic to increase resistance to stress and increase vitality and longevity.

Antioxidant and Phytonutrient Complex: Nature’s Anti-aging and Defense System
**Isoflavone-Rich Tofu Powder:** Contains unique phytonutrients, such as genistein, which are in the forefront of research for their tremendous health-promoting properties.

**High Lycopene Tomato Concentrate:** A rich source of phytonutrients, including lycopene, a carotenoid that is proving to be even more powerful than beta-carotene as an antioxidant.

**Beta-Carotene (Vitamin A Precursor) and Carrot Powder:** A rich source of alpha- and beta-carotenes, which are excellent antioxidants. Many scientists believe Americans are not getting adequate carotenes.

**High Anthocyanin Grape Skin Extract:** A potent antioxidant. Reinforces blood vessels, collagen and elastin in the skin. It may be responsible for the French paradox (where people who drink red wine have less heart disease, even though they consume higher amounts of saturated fat and have higher serum cholesterol levels).

**High Allicin Potential Garlic Concentrate:** Used since Biblical times for endurance and strength. Activated by water to form allicin, which has powerful antioxidant and cardiovascular-supportive properties.

**Vitamin C (Ascorbic Acid):** A powerful antioxidant and necessary nutrient for many systems of the body. Studies of vitamin C and the common cold continue to show a decrease in duration and severity of symptoms with vitamin C supplementation.

**Vitamin E (d-alpha Tocopheryl Succinate):** A natural form of vitamin E and an important antioxidant which is beneficial in protecting the body against damage caused by environmental and chemical pollutants.

**Magnesium Citrate:** Important for sugar metabolism and supporting bone health and density. Magnesium is often deficient due to the under-consumption of dark greens and other sources.

**Potassium Citrate:** Under consumed by Americans and often depleted due to overuse of sodium and caffeine. Works with sodium to regulate the body's water balance.

**Rosemary Extract:** A powerful natural antioxidant.

**Zinc Citrate:** Maintains proper concentration of vitamin E in the blood. Zinc also works closely with vitamin A.

**L-Selenomethionine:** An organic form of selenium and a vital antioxidant precursor when combined with vitamin E. Catalyst for the enzyme glutathionine peroxidase.

**Sodium Selenite:** Works with L-selenomethionine and N-acetyl-L-cysteine.